

University farm to receive face-lift

RACHEL ADAMSON
Assistant News Editor | @racheladamsonxi

The R.T. Wright Farmhouse will move forward with improvements after the Board of Regents gave the University approval for repairs up to \$1 million.

The improvements will include road expansion and a redesigned entrance to the 448-acre farm.

The University plans on signing a road expansion contract with Scott Gann Construction for \$438,528 and \$390,084 for the entrance redesign.

Senior agricultural science major Jessica Niebling said the farm improvements could be a crucial educational tool to future agriculture majors.

“With agriculture being one of the top five majors for students attending Northwest, I see the farm improvements and future plans as a much needed opportunity for students to continue gaining both educational and real-world experiences,” Niebling said.

Board of Regents Chair Pat Harr said these improvements are a part of a three-prong project.

The first part of the project is to demolish and rebuild the farm manager’s house, which had its groundbreaking Aug. 1. The University has partnered with Maryville school district’s Northwest Technical School for project construction.

The farm manager’s house will be 1,300 square feet and is expected to be completed in May.

The second part of the project is the resigned entrance and road expansion. The new entrance will make the farm more visible from the highway and will include signage, fencing and landscaping. Road expansion will add around 2,200 feet to Highway 71, includ-



MADI NOLTE | NWMISSOURIAN

Sidney Hohertz measures the heart girth of a swine to determine rate of gain during a swine science lab, just one of the hands on learning opportunities students get to experience at the R. T. Wright Farm. The farm will be seeing major renovations over the next several years.

ing turn lanes into the farm.

“It’s small but it’s an important phase; it’s dressing up the entrance to the farm,” Harr said. “If you didn’t know where you were going, you could miss it pretty easy. We’re in the process of developing a much nicer entrance into the farm that will high-

light the fact that it is a University farm.”

The third aspect to the project is funding and construction of the 29,000 square foot Agricultural Learning Center; the center is estimated to cost \$8.5 million.

“The crown jewel will really be the Agricultural Learning Center,”

Harr said. “That is something that we need to increase the capability of our agriculture program and make it stand out from many other programs with the projects that students can do there.”

Niebling said the University is setting agriculture students up for success as they will go on to be the

next generation to grow food.

“Feeding an estimated 9.7 billion people by the year 2050 is no easy task,” Niebling said. “With the potential upgrades to the farm and School of Agriculture, Northwest can continue to invest locally in its students and position them for success in all areas of agriculture.”

SAC to host Vibin’ in the ‘Ville festival

RACHEL ADAMSON
Assistant News Editor | @racheladamsonxi

For the first time in Northwest’s history, the Student Activities Council is hosting a music festival, Vibin’ in the ‘Ville, featuring several local artists, a beer garden, food trucks and vendor and art tents.

R&B-influenced pop singer and songwriter, Bazzi, will headline Vibin’ in the ‘Ville Saturday, Oct. 20.

SAC Concert Director junior Emily Elliott, along with the concert committee, planned and organized this event with the intent to please as many students as possible.

“I’m just trying to make everybody happy in this and bring in every genre,” Elliott said. “Diversity is what I need. That’s what I’m bringing in to this campus, that’s what I’m promoting. There’s going to be different types of students all together in one place, all enjoying themselves because it’s a music festival.”

The music festival will be held at the Raymond J. Courter Pavilion starting at 3 p.m. The lineup features The Rewind, Esai, Outlaw Creek, Andrew Dexter, J. Rich and A Greater Tomorrow. Each artist will have a 30-minute set.

SAC is funded by the student activities fee of \$3 per credit hour. SAC Advisor Dee Dino said they want students to feel like they are getting the most out of the activity fee; she believes Vibin’ in the ‘Ville will do just that.

“We can’t please everybody all of the time, but we can provide an amazing array of things to go see and do,” Dino said. “I think this concert hits a lot of the must-haves that we’ve never tried before.”

SAC’s budget for Vibin’ in the ‘Ville is \$100,000. Elliott is choosing to use \$80,000.

Elliott said she hopes to make \$20,000 profit off the concert, which will result in \$40,000 left in

the concert budget - enough for a spring concert. SAC has not had a spring concert since March 2016; it has not had the funds to do so.

Elliott is also planning on budgeting money for local artists at other SAC events.

“If I can sell 2,000 tickets, I will be able to make \$20,000 easily,” Elliott said. “Last year at Chase Rice, there was 1,700 tickets sold. If I sell 300 more, I have reached my \$20,000 mark. I think I can do it; I’m very adamant on reaching that goal.”

The outdoor music festival is being executed in under \$5,000. The only paid entity for the festival is the local artists and production.

“You’d think that it would be a lot more money than just that,” Elliott said. “I’m wondering why we’ve never done this in the past. I think it’s because there hasn’t been a motive to do something like this, so there wasn’t any research involved in how to make it happen. It’s actually really cheap; it’s so much cheaper than the indoor concert.”

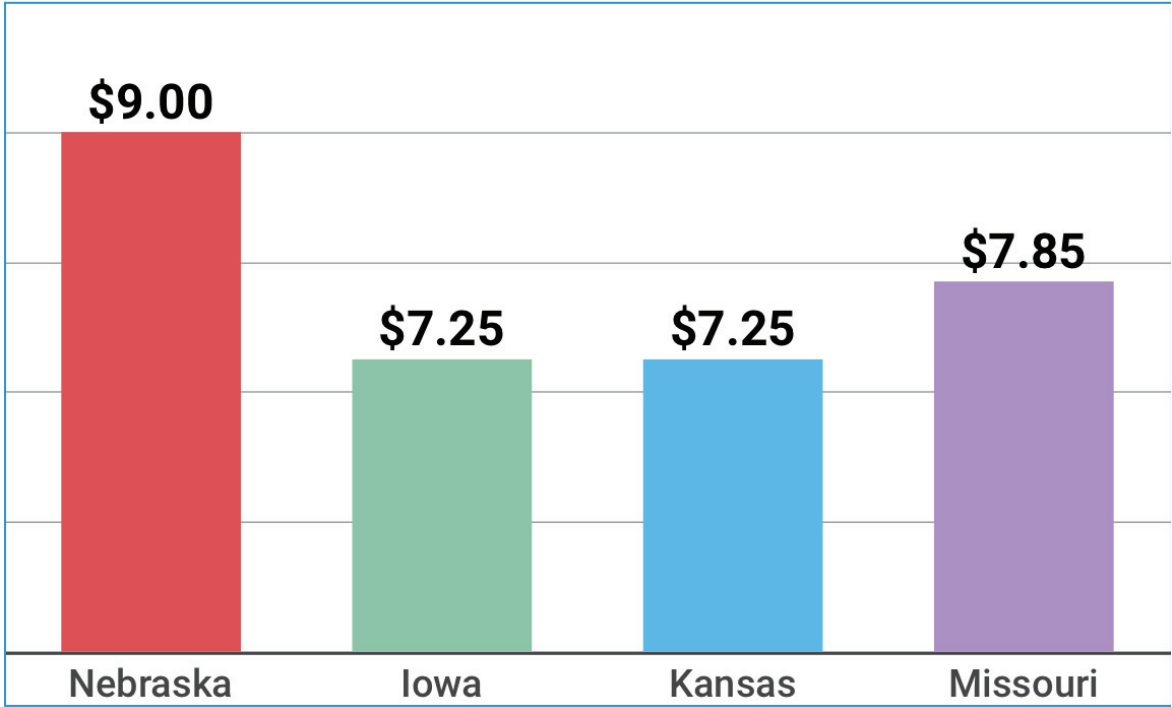
SAC sent out a concert survey last semester to get feedback from the Chase Rice concert and to ask who/what genre students wanted for the fall concert. Pop was the top choice, second was R&B, third was rap and country came in fourth.

Elliott was able to narrow down who would perform as the headliner based on the survey results.

“I noticed that Bazzi was on the rise, that was back in January,” Elliott said. “This was also the same time where the Mine video came out with the dog that barked, it was all over Twitter. I was like, this is trending and it’s Bazzi, I’ve been studying this guy on Spotify. That’s when I took the initiative and booked Bazzi.”

SEE MUSIC FESTIVAL | A5

2018 Minimum Wage



SOURCE: LABOR LAW CENTER

JENNA KAUZLARICH | NW MISSOURIAN

Minimum wage increase proposition raises questions

MATTHEW BERRY
Chief Reporter | @TheMatthewBerry

A minimum wage increase is on the Missouri ballot for the Nov. 6 election.

The ballot measure, if passed, will raise the state minimum wage to \$8.60 next year. It will then increase it by 85 cents every year until 2023, where it will reach \$12 an hour.

Assistant Professor of Economics Tolina Fufa said while the increase has disadvantages, the disadvantages are small compared the potential positive.

“The argument against the minimum wage is it puts some businesses at a competitive disadvantage,” Fufa said. “If it’s true, the unemployment rate could increase in a few pockets. But when you look at the overall data, you do not have an empirical finding that supports their claim.”

Fufa also argued that there are some advantages for business.

“This helps the business because the turnover rate decreases,” Fufa said. “In some restaurants, the turnover is 70 to 90 percent a year. When people are paid well, they get to stay there longer, so it reduces the cost of hiring and training workers.”

In addition to turnover cost burden on businesses, Fufa also believes that the increase in minimum wage will reduce government spending because less people will be under the poverty line.

“Let’s say the businesses are successful and they do not raise the wages, what about the living standards of your workers,” Fufa said. “If you’re workers are not paid well, if they are under the poverty line, they will not be as productive. Government has to pay more money to assist them and cover their basic necessities.”

Maryville Rapid Elite owner and President of the Board of Downtown Maryville Matt Gaarder said the potential change cre-

ates concern for smaller towns like Maryville.

“It would have a pretty major impact. Right now we have four part-timers that are making above minimum wage, but well under \$12. None of them are over \$10,” Gaarder said.

With the increase in minimum wage, Gaarder worries that he may have to cut those part-time positions.

Another concern Gaarder has is, with the increase in minimum wage, he may have to increase prices on his products.

“One of the things, since I’ve been in business since 2010, we’ve been able to avoid doing is raising prices on any of our products,” Gaarder said. “That would be something that would have to be considered.”

Compared to surrounding states, Missouri is ahead of Iowa and Kansas, who both have a minimum wage of \$7.25. Missouri trails Nebraska, which is at \$9.

School of Education receives national award

SAMANTHA COLLISON
Chief Reporter | @SammieCollison

In recognition of Northwest’s School of Education’s complete overhaul of its curriculum, Northwest received the 2018 Christa McAuliffe Excellence in Teacher Education Award from the American Association of State Colleges and Universities.

The curricular redesign, which began in 2014, increased students’ access to diverse clinical practice in urban, rural and suburban settings, now totalling more than 600 hours of clinical practice before graduation.

The University also received the award in 2006, making it one of three institutions to receive the award twice since its creation in 2002.

Associate professor Tim Wall, the dean of the School of Education, said the major goals of the curriculum redesign were to offer more diverse clinical experiences and bring together content and techniques to offer students the best tools and skills.

“Our University is one of the few schools that will have people with Ph.D.s in content areas coming together with those who have doctorates in education and working together to design and teach students with deep content and great strategies,” Wall said.

The idea to completely change the curriculum was inspired by two things: Missouri’s changes to teacher certification and feedback from leadership in partner schools.

“When Missouri changed its

certification rules, those changes were vast,” Wall said. “So teacher ed programs had to cut hours while still including what mattered, so it led to an opportunity to be agile and nimble and try to reformulate what we knew to be important.”

School of Education faculty sought feedback on their curriculum at a professional advisory board meeting, and that feedback inspired many of the changes.

“It was really launched by our previous dean and my mentor, Dr. Joyce Piveral, who asked the question: if you could redesign the education program from the ground up and start over, what would it look like,” Wall said. “The redesign was really influenced by faculty: their research, the passion that they have for expert instruction and assessment.”

Under the new curriculum, students begin clinical practice in the second block of their freshman year. Wall said the benefits to this are twofold: practicality and preparedness.

“What if you wait until your fifth year when you get your masters degree and first learn to teach, then don’t love it,” Wall said. “I think that’s a concern. We want to support students’ ability to be successful by exposing them to what the work is and making sure we support them to understand how they can best grow their skills and add to their toolbox.”

Sophomore Meredith Riley, an elementary education major, said many people she knows, including herself, switched subjects or age



MORGAN JONES | NORTHWEST MISSOURIAN

School of Education students, including Lincoln Katsion total more than 600 hours of clinical practice before graduation under the School’s curricular redesign. Here Katsion works with students at Horace Mann Laboratory School.

groups once they began observing in classrooms.

“I really thought I wanted to teach high school and then spent five minutes in a classroom and said, ‘this isn’t for me,’” Riley said. “I really think it helps education majors figure out whether they want to be educators or not and find their place.”

Wall said there is no reason for students to wait to begin applying their learning.

“If you know what you want

to do in your freshman year, you should get the chance to practice that instead of waiting until you’re filled up with some level of content knowledge,” Wall said. “We think many students can benefit from exposure to great teachers in their content areas and the new strategies and new ways of thinking.”

Riley said one of the most valuable experiences is observing a classroom and seeing it from a neutral perspective, rather than being in a teacher or student role.

“To see these practices that you learn about in the classroom, that as a student you might not notice are taking place,” Riley said. “Like behavior management, you don’t think about how teachers are handling that, but then you learn about it and get to see it in the classroom.”

Students not only observe classrooms early in their degree program, they observe several different kinds of classrooms in a short span of time. Riley said she has observed a first grade classroom, a sixth grade classroom, an art classroom and a high school classroom.

Through these experiences, she said she learned how accepting the education community is of different teaching styles, and she said she gained more respect for her classmates who are learning to teach different subjects or different age groups.

One hundred percent of students graduating from the School of Education complete a profession-based internship or teaching practicum as part of their degree, and 96 percent are employed or enrolled in graduate school within sixth months of completing their undergraduate degrees, according to a University news release.

Wall said that while this is partially due to a nationwide teacher shortage, Northwest students are appealing to employers, and many are hired while they’re still student teaching.

“Northwest students are often very desirable to employers, because they’ve had great preparation and hundreds of hours of clinical practice,” Wall said. “In many ways, our candidates are already fit to be employed. We have a hard time keeping them on the shelves.”

Wall said the award is validating, but the definition of success is ever-changing and there is always room to improve.

“Continuous improvement is what we do,” Wall said. “In fact, we’d like to be at the center of improving improvement. We think we owe it to our students to keep going. We owe it to our partners who hire our students and also house them, support them when they come out to do their practicum experiences and student teaching.”

SEE FULL STORY ONLINE AT NWMISSOURINEWS.COM



24-Hours
660.582.3104

**COMPLETE AUTOBODY
REPAIR & TOW SERVICE**

"Pulling for Northwest Missouri for over 54 years."

WALKER

Body Shop & Towing Service

2018



September 14th & 15th
from 5-10pm | from 4-10pm

Hosted by
Backyard Vine & Wine
and Lettuce Dream

Bring your lawn chairs or picnic blankets and be prepared for FUN!

BLT Sandwiches ~ Cheese, Sausage and Cracker Trays
Wine ~ Wine Slushes ~ Beer ~ Lemonade ~ Tea ~ Water

Live Music

Friday Night - Starting at 5pm - John Cerrone followed by The Friends out of St Joseph
Saturday Night - Starting at 4pm - Nick Rucker followed by The Clue out of Lee's Summit

Fish Races with chance at great prizes!
Silent auctions and fun games!

Located at Backyard Vine & Wine; 30484 Icon Rd, Maryville, MO 64468

ALOHA VOLLEYBALL

9/14 VS. LINDENWOOD

6 PM BEARCAT ARENA

Bearcat Leias
and
free snow cones
from
KOOL KATS

usbank.com

Visit us today!

Maryville, Missouri
120 S. Main St. | 660.582.7159
1621 S. Main St. | 660.562.2000

usbank

Equal Housing Lender. Member FDIC. 160267 4/16



BECAUSE WHO DOESN'T LOVE **FREE**

Say goodbye to banking fees with our Totally Free e-Checking Account. You'll get a FREE Debit Card, Mobile Banking, Online Banking, and Mobile Deposit. You'll even receive a FREE gift!



660-582-7454 | GoCitizens.bank

Member FDIC - Equal Housing Lender



Northwest Missouri's Oldest and Largest Independently Owned and Operated Bank

Maryville
(660) 562-3232

Mound City
(660) 442-3131

St. Joseph
(816) 364-5678

Savannah
(816) 324-3158

University sees record retention rates

MATTHEW BERRY
Chief Reporter I @TheMatthewBerry

Northwest saw record retention rates coming into this semester despite budget cuts and tuition hikes.

According to a University press release, 78.66 percent of freshmen return to Northwest as sophomores, which surpasses the 2007 record of 73.51 percent.

The record retention rate is exciting news to Director of Academic Success and Retention Allison Hoffmann.

“We knew we were on track to reach a record high, but starting the school year above 78 percent was incredibly exciting,” Hoffmann said. “It’s great to see the hard work of our team and the entire campus community pay off.”

The increase comes at a time when universities are facing funding issues, something that Hoffmann said can be problematic.

“There are a number of factors that contribute to student retention,” Hoffmann said. “Budget constraints and tuition increases can make it more difficult to retain students. However, academic success, engagement, a sense of belonging and connectedness with faculty/staff are key elements, and we do a great job at each of these at Northwest.”

Hoffmann said her team works hard to see retention climb.

The Academic Success & Retention team is deeply rooted in retention efforts,” Hoffmann said.

“Our team works closely with students prior to coming to campus through our orientation programs. University Seminar serves as academic advisors for first-year students and success coaches for students participating in the academic success coaching program and provides academic support in the form of tutoring, Supplemental Instruction.”

Retention is not only dependent on Hoffmann’s team. She points out that multiple groups at Northwest work to increase the retention rate.

“Retention is truly a team effort and in this case, it’s a campus-wide team effort,” Hoffmann said. “There’s no doubt the implementation of our first-year advising and success coaching model in addition to policy changes, such as moving the last day to drop a course, positively impacted our retention rates.”

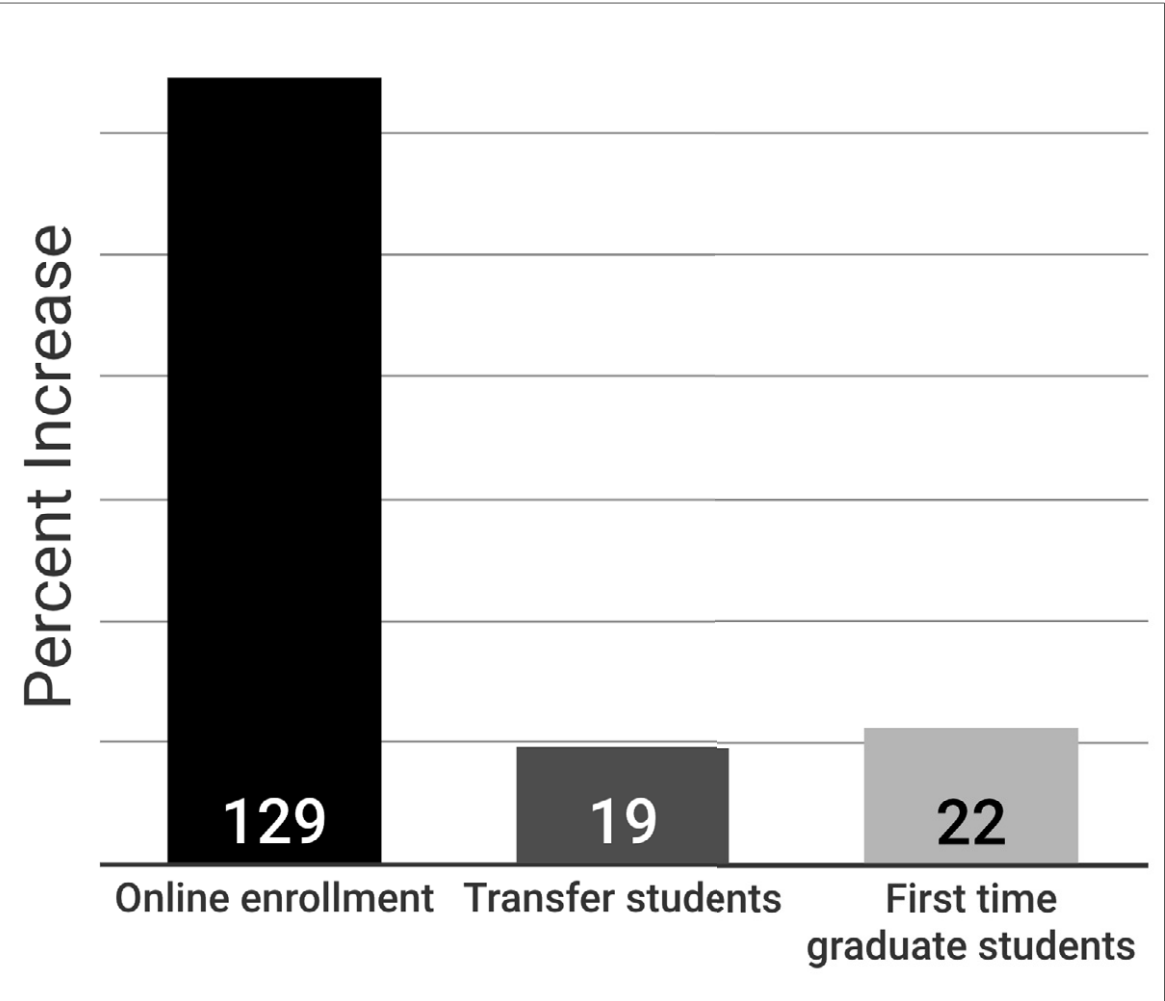
Sophomore Vannic Truong said the sense of belonging was an important part of her staying at Northwest.

“Once you go here it becomes your home,” Truong said.

The affordability and biology program are also reasons Truong chose Northwest.

“I mean (affordability) is definitely (a top priority), right under what I want to do in the future. (Northwest) has a pretty decent science program,” Truong said.

Evolution of Northwest enrollment rates



SOURCE: NORTHWEST MEDIA PRESS RELEASE

TAYLOR GONNERMAN | NW MISSOURIAN

Missouri lawmakers fail to override line-item budget vetoes

By DAVID A. LIEB, Associated Press

JEFFERSON CITY, Mo. (AP) — Missouri lawmakers failed in a bid Wednesday to override several line-item budget vetoes affecting services for critically ill patients, troubled youths and the deaf after senators declined to challenge the decisions made by Gov. Mike Parson.

The House had voted by large margins Wednesday to override four of Parson’s budget vetoes totaling more than \$785,000. But the effort later died in the Senate, which declined to vote on the measures.

Parson made 21 line-item vetoes totaling more than \$12 million when he enacted the state’s \$28.6 billion budget for the fiscal year that started July 1.

The House votes were somewhat unusual, because lawmakers don’t frequently override gover-

nors of their same party. Republicans hold two-thirds majorities in both the House and Senate, though Senate Democrats picked up an additional member Wednesday when Rep. Lauren Arthur moved up following a June special election.

Parson is a Republican who previously served in the House and Senate and was lieutenant governor before taking over June 1 for Republican Gov. Eric Greitens, who resigned while facing potential impeachment over allegations of sexual and political misconduct. Parson still has close relationships with many senators.

House Budget Committee Chairman Scott Fitzpatrick said the override votes weren’t meant as a rebuke of Parson, but he added that some of the vetoes were “made with not enough information.”

“I have a lot of respect for the governor. He came into office at a very turbulent time and did not

have much time to review the budget before he had to take action on it,” said Fitzpatrick, a Republican from Cassville.

Senate Appropriations Committee Chairman Dan Brown, a Rolla Republican, urged colleagues not to override the governor. He said Parson’s administration assured him that the items either could be funded through existing budgets or resubmitted to lawmakers as supplemental spending requests during their regular session that begins in January.

The budget vetoes that the House voted to override included:

— \$487,000 for juvenile advocacy units in the Kansas City and St. Louis offices of the public defender system. Fitzpatrick said the funding “could be the difference between a life completely derailed and not” for youths facing charges. Brown said the governor would resubmit the proposed spending to

lawmakers in January.

— \$153,546 for a state program that certifies hospitals as time-critical trauma centers for heart attack and stroke patients. After the veto, Parson said the Department of Health and Senior Services would nonetheless continue providing the service with other funds. But Fitzpatrick and some other lawmakers contend the governor lacks the legal authority to do so unless they override his veto.

— \$100,000 for the Office of Child Advocate. Fitzpatrick said the money would pay for employees to conduct independent reviews of local offices that provide services to troubled youths. The reviews were authorized under a 2015 state law that Parson supported. Brown said the governor would resubmit the proposed spending in January.

— \$45,000 for the Missouri Commission for the Deaf and Hard

of Hearing. Fitzpatrick said the money would pay for someone to oversee grants to organizations serving the deaf and blind. The grants were authorized by a 2016 law that Parson supported. Brown said the commission could handle the task with its existing budget.

The House fell a little short of overriding Parson on another line-item veto that would have allotted \$50,000 in grants for local law enforcement agencies to purchase tourniquets.

State Rep. Kevin Engler, a Republican from Farmington, encouraged colleagues to oppose the veto overrides. He said the amounts of money at issue seemed insignificant in the scope of the overall state budget.

“Overriding the governor on these items is not what our constitution was set up for in my opinion,” Engler said.

Worship in Maryville

Hub Bible Church
• Sunday Mornings • 10:30 •
101 E. 4th (Corner of 4th and Main)

We Will Be Your Church Away From Home

Brand New Church
Sundays: 1:30pm For Worship (101 E. 4th, Maryville, MO)
All Northwest Students Are Welcome

pastorjimpearce@gmail.com
maryvillehub.com

Free Counseling By Appointment If You Have Any Need At All
Call Pastor Jim At (660) 853-8759

First Baptist Church

Join Us On Sundays:
9:30 a.m. Bible Study
10:45 a.m. Worship Service
6:30 p.m. Evening Bible Study

Joe Ledbetter, Pastor
121 E. Jenkins St. Maryville, MO 64468

In their 1500-year history, Benedictines have been known for their hospitality, and the monks of Conception Abbey are no exception. People of all faiths are always welcome to join the monks for prayer.

For a complete listing of our daily prayer schedule, visit
www.conceptionabbey.org/guests

Conception Abbey

Country Side Christian Church
SHOW PEOPLE JESUS

Sunday Mornings 10AM
Coffee & Donuts at 9:30AM
24899 Icon Rd, Maryville, MO 64468
(660) 582-8872

St. Paul's Episcopal Church

Sundays at 9 a.m.
901 North Main

Sunday music provided by Northwest students

PRIEST: Sid Breese
SSBreese@aol.com, or call 816-262-4958

Need a ride? Call Jody 215-0734

www.saintpaulsmaryville.org
www.facebook.com/stpaulsmaryville

Hope Lutheran Church
931 S. Main St.
www.MaryvilleHopeLCC.org
All are Welcome > Christ Centered
Bible Study 9 am—Worship 10 am
660.582.3262

THE LUTHERAN CHURCH Missouri Synod

First Christian Church
Disciples of Christ
WHERE LIFE MEETS LOVE
SUNDAYS:
8 A.M First Service
9 A.M. Discipleship Class
10 A.M. Second Service
201 West Third, Maryville
660.582.4101
Rev. Craig Kirby-Grove
Campus Contact: Deena Pynter
660.541.1336

WORSHIP WITH US

First United Methodist Church

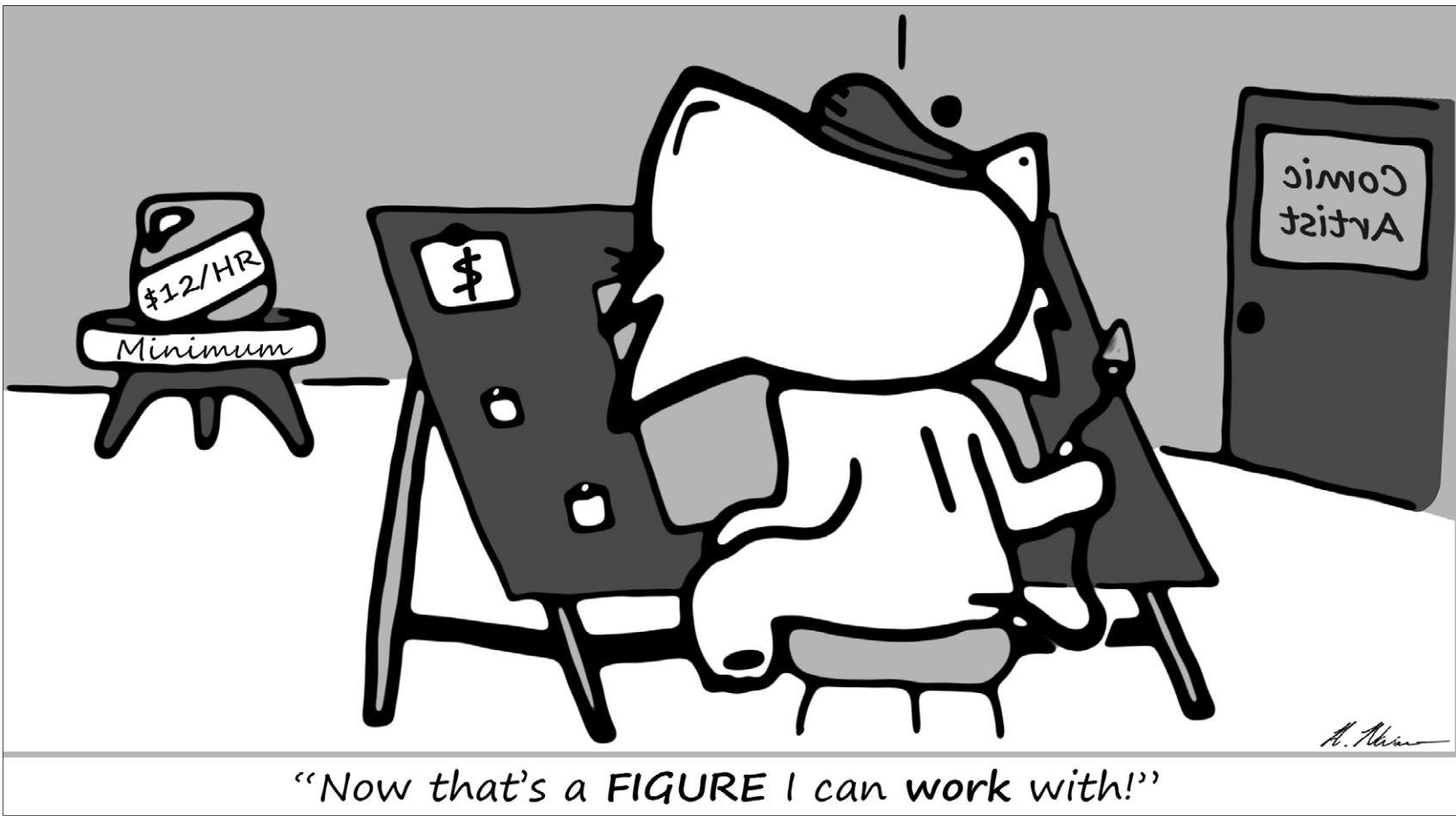
The Church at 1st & Main

www.maryvillefumc.org

Transforming your world by living faith.

Lutheran Campus Center
624 College Ave.
www.MaryvilleHopeLCC.org
660.582.3262 * Open 10 am—9 pm
Christ Centered * All are Welcome
Free Dinner & Weekly Bible Studies

ADVERTISE YOUR CHURCH
660.562.1635



ANTHONY NAIMO | NW MISSOURIAN

OUR VIEW:

Wage proposal step in right direction

Missouri will be issuing a ballot Nov. 6 for an increased minimum wage, beginning at \$8.60 and increasing to \$12 by the year 2023.

In 2015, the U.S. Department of Labor determined a person working full-time at the federal standard minimum wage of \$7.25 was only 8 percent away from the poverty level of a single-parent home. It was also determined by the Congressional Budget Office that increasing minimum wage to \$9 could bring up to 300,000 people out of poverty.

Although this is a positive step in the right direction, some brood over the possible negative affects a minimum wage increase could have on a

small town such as Maryville.

Small-business owners mull over the ideas of product price increases to sustain the pay for their part-time workers. They’ve assumed the increase in wages will affect their business as a whole.

Studies show a higher minimum wage will not cause economic problems. But it may prove difficult for small business owners to afford.

The Employment Policies Institute non-profit campaign “Faces of \$15” highlights the issue of small businesses closing and their employees losing their jobs due to wages increasing up to \$15 an hour. Small business make up 55 percent of all

jobs in the U.S., according to the Small Business Administration.

However, the University of California economists found that there is little to no economic difference with a wage increase. Economists say with a high turnover rate, small increases of product pricing in businesses with minimum wage employees, combined with the high productivity of well-paid workers, small businesses across the country will pan out just fine.

As minimum-wage-earning college students, most of us have experienced the hardships of surviving on a bare minimum budget. With tuition increasing every year, prices of groceries seemingly growing with the hour,

and KCP&L bills skyrocketing to an all-time high across the state, it can feel impossible to make a good money turnaround.

There are not enough budget plans in the world to fathom how a college student, let alone a family of three or more, can survive on such low incomes.

This wage increase proposal is not only the right move for our state of Missouri, but also our entire country. Through a strategic plan and supporting our community, we can create a better working environment, better jobs and better standard of living for everyone.



JAMES CHRISTENSEN
Opinion Columnist
@jameschris1701

The prospect of filling a Supreme Court position is not a thing to be taken lightly. The influence they will have on the law will be felt for the next 20 to 30 years.

Most presidents are lucky if they get to appoint one person to the Supreme Court, however, President Donald Trump has had the ability to fill two positions thus far.

His current nominee, Brett Kavanaugh, is a district court judge in the District of Columbia and if approved, will fill the vacancy of Justice Anthony Kennedy when he retires. This has the possible inclina-

tion of a conservative majority in the most powerful court in the land.

While the hearings are in progress, a number of people have discovered issues with the beliefs and convictions of this nominee. This is mainly focused on the topics of abortion and women’s rights.

In regards to abortion, Kavanaugh has taken a stance on the conservative side of the issue. In October of 2017, he published a dissent to a recent decision made by the Supreme Court saying that the government had no right to rule in this matter.

“The government has permissible interests in favoring fetal life, protecting the best interests of a minor, and refraining from facilitating abortion,” Kavanaugh said in his dissent. “The court has held that

the government may further those interests so long as it does not impose an undue burden on a woman seeking an abortion.”

Kavanaugh goes on to say that the majority was in the wrong.

“The majority of this decision is based on a constitutional principle as novel as it is wrong: a new right for unlawful immigrant minors in U.S. government detention to obtain immediate abortion on demand.”

This comment, among others, has sparked a number of protests outside of his Senate Judiciary Committee hearing. A number of women stood out of the hearings dressed as the handmaids from “The Handmaid’s Tale” as a form of protest against Kavanaugh.

This protest has garnered sup-

port from women all over the country and has resulted in the confirmation hearing being a topic of debate amongst politicians everywhere.

Another area being contested by the general public is Kavanaugh’s view on birth control. In one of his hearings, he said that birth control is an abortion-inducing drug, and that is an issue in this country.

This comment has set a number of Democrats, including Kamala Harris and Elizabeth Warren, into a fury to stop his nomination process. Kavanaugh’s views on these issues would influence his decisions on all of the cases he would hear as a justice.

While the president has the prerogative to appoint people to various positions throughout the federal government, the hearings conduct-

ed by the Senate are the most crucial time in the selection process.

The issues surrounding Kavanaugh bring his ability to be unbiased on the stand into question, and it is something that the American people have a right to know before the Senate Judiciary Committee makes their decisions.

The next few months will be the beginning of a new era for the Supreme Court and will have a direct influence in the direction of the country, and being the most powerful court in the land makes this selection that much more important.

While Kavanaugh has the experience, his biases bring his ability to serve into question. However, the choice is in the hands of the Senate. Hopefully, they do what is best for the good of the country.

Petty debate about cats, dogs is overrated at best



SARAH VON SEGGERN
Asst. Opinion Editor
@SeggernSarah

The age-long debate of whether dogs are better than cats, and vice versa, is one of the most ridiculous and unnecessary arguments.

It’s understandable why people get in heated debates about the topic, but in the end, all it amasses to is people just talking over each other’s ideas with neither side willing to budge or listen.

After a while, it seems more like people are arguing for argument’s sake. If they are going to

compare dogs to cats, then they can compare apples to oranges.

Statistically speaking, dogs have the same effects on human stress levels as cats do.

According to the director of the Center for the Human-Animal Bond Dr. Alan Beck, dogs and cats both help to lower blood pressure, increase cardiovascular health, help with depression and increase people’s self-esteem.

Actually just owning a pet, regardless of species, will generally help people since the animals really do become part of the family.

For all pet owners, it really all depends on their preferences and behaviors.

If they don’t like having to clean

up much and get easily stressed out from messes, a dog probably wouldn’t fit their lifestyle. A cat would work better for the owner’s habits and ensure they would be less stressed.

The same goes for cats. If someone wants to exercise more, a dog would be perfect since most of them require daily activities, like walking.

Taking care of animals will always be a chore, no matter which pet is chosen.

While owners may get tired of having to take the dog out every so often, cleaning out the cat’s litter box could be seen as far worse.

Some people say they love dogs because dogs love everyone, but that doesn’t mean cats can’t be af-

fectionate towards others as well.

Also, in this debate about which animal is supreme, there seems to always be something nobody considers: the breed of the animal.

This helps determine what personality someone is looking for in the pet.

There are quite a few active cats that could outdo dogs, like the Savannah cat and the Devon Rex. Both are very active breeds that are constantly looking for some form of entertainment.

While cats are known for being more laid back and reserved, there are breeds of dogs that exemplify this same quality, such as Bulldogs and Saint Bernards. They are complete couch potatoes who are

known for their calm demeanor and patience.

If people simply accepted that both animals are equally valuable with their own merits, then they would be saving a lot more energy for arguments that really matter.

I’m not saying having a preference is bad, but you shouldn’t outright continue arguing over which is better, especially since they have nearly the same effect on their owners.

While some people love dogs more than cats, others love cats more than dogs. It’s just a fact. Everybody has their own opinion and should be able to love their animal unconditionally, no matter its species.

STAFF

NORTHWEST MISSOURIAN
An Independent Student Newspaper since 1914.
800 University Drive, Wells Hall
Maryville, MO, 64468
Your first copy of the Northwest Missourian is free.
Additional copies are 25¢ each.
Newsroom: (660) 562-1224
Advertising: (660) 562-1635
Circulation: (660) 562-1528
Fax: (660) 562-1521
www.nwmissourianews.com
northwestmissourian@gmail.com

ADVERTISING STAFF

Kristy Briggs, Sales Manager
Ryan Griesinger, Design Manager
Kaci Guerra, Advertising Graphic Artist
Hayley Brown, Advertising Graphic Artist
Cora Stout, Advertising Graphic Artist
Lauren McHenry, Account Executive
Kaitlynn Ruoff, Account Executive
Allison Binder, Account Executive
Maddie Baird, Account Executive

EDITORIAL STAFF

Darcie Bradford, Editor in Chief
Joseph Andrews, Managing Editor
Coralie Hertzog, A&E and Opinion Editor
Sarah von Seggern, Asst. A&E and Opinion Editor
Justin Quick, Sports Editor
Andrew Wegley, Assistant Sports Editor
Madi Nolte, Photo Editor
Taylor Gonnerman, Design Editor
Katie Stevenson, News Editor
Rachel Adamson, Assistant News Editor
Anthony Naimo, Cartoonist
Abbey Hugo, Copy Editor
Kayla Thomas, Web Developer

NEWS STAFF

Trent Spinner, Chief Reporter
Tucker Quinn, Chief Reporter
Matthew Berry, Chief Reporter
James Christensen, Chief Reporter
Meka Wright, Chief Reporter
Angel Trinh, Chief Reporter
Cameron Montemayor, Chief Reporter
Samantha Collison, Chief Reporter
Wyatt Bell, Chief Reporter
Emily Noyes, Designer
Kathy Nguyen, Designer
Jenna Kauzlarich, Designer
Morgan Jones, Photographer
Bria Creeden, Photographer

DIRECTORS

Steven Chappell
Student Publications Director
Leslie Murphy
General Manager/Advertising Director

CORRECTIONS POLICY

If you believe information within our publication is incorrect, please email us at northwestmissourian@gmail.com, call our newsroom (660) 562-1224, or leave us a comment on www.nwmissourianews.com.

LETTERS TO THE EDITOR

We publish letters from readers for free. All letters become the property of the Northwest Missourian, which reserves the right to edit them. Letters should include your name, address and telephone number. Letters should be between 150 and 300 words and sent to d.bradford.missourian@gmail.com.

City Council faces hard funding choices

CAMERON MONTEMAYOR
Chief Reporter | @npnowmontemayor

Numerous businesses, organizations and departments sought financial assistance during Maryville’s latest city council meeting.

The Sept. 10 meeting ran for a little over two hours, as key businesses like the Chamber of Commerce, Nodaway County Economic Development, Senior Center, Public Art Committee and Humane Society all made their respective funding requests.

One applicant in particular, the Nodaway County Senior Center, has been reeling in recent months financially.

The center lost 100 percent, more than \$150,000, of its state funding last year.

As a result, they’ve been forced to use drastic ways to keep up, like charging seniors \$5 for meals.

“We have some reserves that will last us maybe a year and a half, so if we don’t get any funding at all we’ll make it another year and a half,” Nodaway County Senior Center administrator Amy Firavich said.

With numerous representatives at city council to request funding, Maryville City Manager Greg McDanel explained how appropriating funds for many groups can be a challenge for the city.

“We have seven different groups tonight coming in for funding ... I think all of the groups at one point or another have been supported by this city council,” McDanel said. “But I think one of the most important things to know is that it all goes down to the health of our general fund.”

Council approves continuation of work release program

The council approved an ordinance to continue its contract with the Missouri Department of Corrections for the work release program.

Public Works Director C.E. Goodall said most of the positions used in the work release are cemetery and mowing jobs.

“Our employees go through a training program so they can be



SHEA ZION | NWMISSOURIAN

The Nodaway County Senior Center may face closure if its recent appeal to City Council for funding fails.

qualified supervisors,” Goodall said. “Everything is run very well, we’ve had a couple hiccups here and there but nothing that has been a big deal though.”

City approves contract for Peach Creek project

The project would be the addition of a 100-foot concrete control structure that helps protect the creek’s ecology.

The approval of the project comes as the result of a violation and mutual agreement that was reached with the Corp of Engineers of the Missouri Department of Conservation.

Following the city’s comple-

tion of a \$17,000 channel project on Peach Creek in 2015, the city learned from the Corp. of Engineers that the project was unauthorized and that they lack a proper permit.

The new project, estimated to cost around \$90,000, is one way the city is offsetting \$240,000 worth of “street credit” fines that were given to the city in the agreement.

“I’m not saying I agree with what we’re being told to do, but it’s their rules and that’s where we’re at,” Goodall said.

Council discusses 2019 budget

The budget outlined everything from Public Safety equipment and

communications to a variety of Public Works maintenance projects and city supplies.

McDanel told the council general fund expenses would outnumber revenues by more than \$400,000.

He also broke down and analyzed the expenses of both the Capital Improvements Programs and general fund report.

CIP expenses added up to more than \$5,300,000, with almost \$4 million tied to one project, the new Public Safety building.

The Public Safety Building was at the top of McDanel’s list of fiscal year goals.

Other notable CIP projects included street improvements and law enforcement vehicles.

McDanel discussed with citizens the importance of extra revenues for the city if a few upcoming, Nov. 6 taxes are passed.

“I would encourage every citizen to go out there and take a look at both the use tax and the fuel tax,” McDanel said. “Those will specifically provide additional revenues to the city council and the general fund.”

The 10-cent fuel tax increase means city and county governments would each receive a 20 percent share of the tax revenue.

MUSIC FESTIVAL

CONTINUED FROM A1

Elliott said her personal goal of staying under \$80,000 for the concert is taking a lot of strategic planning. She was able to book Bazzi early on for \$40,000; she said he has almost doubled in price now.

Dino said SAC has hosted big-name entertainers before, costing the majority of the concert budget.

“Our concert director is really responsible and thinking ahead,” Dino said. “She’s trying to get the biggest bang for your student activity fee buck and not spending as much as we have spent on concerts in the past for one entertainer. Now we’re getting two events out of it.”

The doors to Bearcat Arena will open at 7 p.m., the concert will begin at 8 p.m.

Tickets are on sale now for students and employees for \$10. Tickets will be on sale to the public Sept. 14 for \$20. Tickets purchased on the day of show will be an additional \$5. The music festival portion is free.

EDUCATION

CONTINUED FROM A2

“We think we owe it to our students to keep going. We owe it to our partners who hire our students and also house them, support them when they come out to do their practicum experiences and student teaching,” Wall said.

Northwest will formally receive the McAuliffe Award Oct. 28 at the opening session of AASCU’s Annual Meeting in Washington, D.C.

Blotters for the week of Sept. 13

Maryville Public Safety

Aug. 30

There is an ongoing investigation for peace disturbance at the 400 block of West Lieber Street.

Sept. 2

A summons was issued to **Darek Mercer**, 22, for equipment violation and driving while intoxicated at the 400 block of West Fifth Street.

There is an ongoing investigation for property damage at the 600 block of West Second Street.

There is an ongoing investigation for larceny at the 100 block of South Prairie Street.

There is an ongoing investigation for a sexual assault at the 2000 block of South Main Street.

There is an ongoing investigation for larceny at the 16000 block of South Main Street.

There is an ongoing investigation for an animal bite at the 200 block of White Ridge Drive.

A summons was issued for a liquor law violation at Dieterich Hall.

A summons was issued for a liquor law violation at Millikan Hall.

A summons was issued for a liquor law violation at Millikan Hall.

Sept. 4

There is an ongoing investigation for harassment at the 200 block of Park Avenue.

A summons was issued to **Gentry Nichols**, 19, from Oak Grove, Missouri, for possession of a fake I.D. at the 1500 block of North Main Street.

Sept. 5

There is an ongoing investigation for a dog at large at the 500 block of North Walnut Street.

There is an ongoing investigation for lost/stolen property at the 300 block of West Davison Square.

Sept. 6

A summons was issued to **Dominnick Cravens**, 18, for possession of marijuana and equipment violation at the 100 block of North Buchanan Street.

Sept. 8

There is an ongoing investigation for tampering with a motor vehicle at the 700 block of South Main Street.

A summons was issued to **Kennedy Sykes**, 23, for failure to yield to an emergency vehicle and speeding at the 700 block of South Main Street.

Sept. 9

A summons was issued to **Caaleb Manchester**, 19, for minor in possession at the 600 block of North Walnut Street.

Sept. 10

There is an ongoing investigation for sexual assault at the 2000 block of South Main Street.

There is an ongoing investigation for burglary at the 700 block of North Buchanan Street.

Northwest Missouri State University Police Department

Sept. 4

A summons was issued to **Reagan Shelly**, 18, for possession of marijuana at Lot 41.

Sept. 5

There is an ongoing investigation for stealing at Fine Arts.

Sept. 6

There is an ongoing investigation for property damage at Lot 32.

There is an ongoing investigation for stealing at Hudson Hall.

Sept. 7

There was a closed investigation for five liquor law violations at Tower Suites East.

There was a closed investigation for a liquor law violation at Lot 10.

There was a closed investigation for a liquor law violation at Hudson Hall.

Sept. 8

There was a closed investigation for sexual abuse at South Complex.

There was a closed investigation for liquor law violation at Hudson Hall.

There was a closed investigation for liquor law violation at Lot 40.

There was a closed investigation for property damage at Lot 20.

Sept. 9

There was a closed investigation for liquor law violation at Dietrich Hall.




Happy Garden

Dine In • Carry Out • Delivery

(660) 582-6668

Mon - Sat 11:00am - 9:30pm
Online Menu urbanspoon.com
514 N Main St, Maryville, MO 64468



2211 S. Main St.
Maryville, MO
660.582.7387

Mon., Tues.,
Thurs., Fri.:
8 am-5:30 pm

Wed.: 8 am-7pm
Sat.: 8 am-Noon

SouthPaws

Veterinary Clinic

Surgery, Ultrasound, Dental, Medicine,
Wellness Care, X-Ray, Pet Products
& Science Diet Food



Shell's Service

24 Hour: Towing • Lockouts • Jumpstarts
Day 660-582-4711 Night 660-582-1692

Tires
Batteries
Tune-Ups
Alternatives
Engines

Brakes
Suspension
Oil Changes
Transmissions
Air Conditioning

The only one stop shop for all you automotive needs.
985 S. Main Maryville
Serving Maryville since 1958

SUDOKU

				9	1		8	
		4			8			
							3	
2	6	8			5		9	
9						8		
	5			6				
1				2		5		
			7					6
6							2	1

HOROSCOPE

- ARIES – Mar 21/Apr 20**
Aries, you may want to be everywhere at once when the social invitations arrive. But this week you will have to pick your RSVPs carefully. Spend time with close friends.
- LIBRA – Sept 23/Oct 23**
Focus most of your energy on a work assignment that has been looming for some time now, Libra. Once it is off your plate, you can focus your energy on everything else.
- TAURUS – Apr 21/May 21**
You may have a lot of things on your mind, Taurus. The best way to handle this kind of situation is to find a quiet place and think about all the answers you need.
- SCORPIO – Oct 24/Nov 22**
Don't worry if people do not always understand your intentions, Scorpio. You are a natural born leader, and you have to make some challenging decisions from time to time.

- GEMINI – May 22/Jun 21**
A spending spree is not the way to go right now, Gemini. You have to be more responsible with your money. Ask a relative or friend to help you work on a budget.
- SAGITTARIUS – Nov 23/Dec 21**
Sagittarius, you may find yourself as the life of the party sometime this week. Embrace the limelight but make sure to set aside some time for rest and relaxation.
- CANCER – Jun 22/Jul 22**
Problems have a funny way of sticking around even when you try to avoid them, Cancer. Rather than running from difficult decisions, it is time to meet them head on.
- CAPRICORN – Dec 22/Jan 20**
You have a big event on the horizon that you have been planning, Capricorn. If it has been taking up too much of your energy, try delegating a few tasks to get some relief.
- LEO – Jul 23/Aug 23**
Leo, if you have had an overwhelming week, you can find a restful spot to recharge. Plan a spa weekend or even just a quiet hike through a state park.
- AQUARIUS – Jan 21/Feb 18**
Aquarius, try to be supportive of those around you even when you may not agree with all of their reasoning. Diplomacy will help you keep a good group of friends.
- VIRGO – Aug 24/Sept 22**
A change of scenery is something you can use right now, Virgo. Pack up an overnight bag or backpack and hit the road for some spontaneous adventures.
- PISCES – Feb 19/Mar 20**
Pisces, if you can't figure out something that is puzzling you, it's best to take it to a few other people who may offer a fresh perspective.

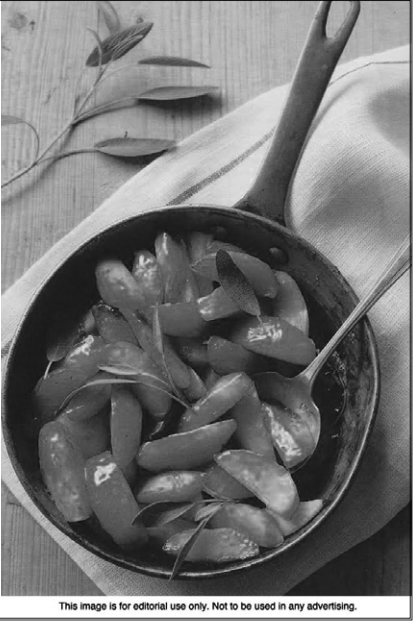
Cravings Corner

Autumn is apple-picking season, and many farmers markets, grocery stores and even roadside apple stands are chock-full of delicious apples this time of year. That makes fall the perfect time to whip up some apple-inspired foods. This recipe for “Elsie’s Stewed Apples” from Laurey Masterton’s “The Fresh Honey Cookbook” (Storey) requires a tad more effort than traditional applesauce recipes, but the extra work is well worth it in the end. When shopping for apples in advance of preparing this recipe, avoid apples that have a mealy texture as well as those that are overly sweet.

Elsie’s Stewed Apples

- Serves 6 to 8
- 2 to 3 tablespoons unsalted butter
- 2 pounds apples, peeled, cored and cut into thick slices
- 1/2 cup honey, preferably sage honey
- 1/2 cup white wine
- Zest of 1 lemon
- Juice of 1 lemon
- Fresh sage sprigs for garnish

1. Melt the butter in a large skillet over medium heat. Add the apples, turn the heat to high and sauté until they begin to brown on the edges, about 5 minutes. If some are getting too well done, remove them and place on a plate while the rest continue to cook, then return them to the skillet when all are done.
2. Reduce the heat to low and add the honey, wine, lemon zest, lemon juice, and 1/2 cup water. Cover and allow to cook until the apples are tender but still firm; you don’t want them to turn into applesauce.
3. Serve this in a bowl, tuck in a couple sprigs of fresh sage from your garden, and tell your guests all about sage honey.



Do you have a recipe that you want to share with campus send it to S527739@nwmissouri.edu to share your favorite dishes

Goofs ‘n’ Goblins

NUKE EM!
Featuring Hug-Hug, the Nuclear Goblin Barbarian

They're player-characters! RUN!!!

That's what I get for going STRENGTH-based Rogue.

Go Loot Eat

Initiative Tracker:
1 Squeak
2 Hug-Hug
3 Goof
4 Raveant
5 Hyde

What happens next? YOU decide! Tweet us your decision using #GoofsNGoblins

ANTHONY NAIMO | NW MISSOURIAN

Decide the fate of our heroes! Tweet @TheMissourian with the hashtag GoofsNGoblins with your vote to tell us how you think the story should continue.

CROSSWORD

By MetroCreative

CLUES ACROSS

- 1. Feel pain
- 5. Interest rate
- 8. Long narrative poem
- 12. Sedimentary rock
- 14. No (Scottish)
- 15. Ribosomal ribonucleic acid
- 16. Sleep gear
- 18. One who buys and sells securities
- 19. Cincinnati ballplayers
- 20. Of the backbone
- 21. Car mechanics group
- 22. Iranian village
- 23. Canadian peninsula
- 26. For all ills or diseases
- 30. Known for his “razor”
- 31. One who plays the viola
- 32. Resinlike substance
- 33. Educational association
- 34. Inappropriate
- 39. A team’s best pitcher
- 42. The cost of bus travel
- 44. Badgerlike mammal
- 46. Popular sport in Ireland
- 47. Written works
- 49. Pop
- 50. Consumed
- 51. Something comparable to another
- 56. Wild goat
- 57. One-time space station
- 58. Outline of a plan
- 59. Actress Petty
- 60. An electrically charged atom
- 61. Chewed and swallowed
- 62. Bones (Latin)
- 63. Central nervous system
- 64. Type of pipe

CLUES DOWN

- 1. Vipers
- 2. Pal
- 3. One who has been to Mecca
- 4. Energy and enthusiasm

1	2	3	4			5	6	7		8	9	10	11	
12				13			14			15				
16					17		18			19				
20							21			22				
				23		24				25				
26	27	28	29				30							
31							32							
33										34	35	36	37	38
				39	40	41		42	43					
			44	45				46						
	47						48							
49					50			51		52	53	54	55	
56					57			58						
59					60				61					
62					63					64				

- 5. Leaf-footed bug genus
- 6. Southern belle accessory
- 7. ___ de Mornay, actress
- 8. Print errors
- 9. Preceding
- 10. Asian nation
- 11. The people in a movie
- 13. Liberate
- 17. Strong laxatives
- 24. Tub
- 25. Happening
- 26. Polyvinyl acetate
- 27. Small island (British)
- 28. Neither
- 29. The G.O.A.T.
- 35. What Goodell oversees
- 36. One who engages in Dawah

- 37. Tall, rounded vase
- 38. Electroencephalograph
- 40. Made of clay and hardened by heat
- 41. Great happiness
- 42. Chinese surname
- 43. Supposed emanations
- 44. Travelers
- 45. Loss of bodily movements
- 47. Los __, rock group
- 48. Seabirds
- 49. Used to store grain
- 52. Whale ship captain
- 53. “Joker” actor
- 54. Portends good or evil
- 55. Organized group of criminals

LAST WEEK SOLUTIONS

	R	O	D	E	O			S	E	M	I	T	E	
D	E	M	A	R	C	U	S	C	O	U	S	I	N	S
I	C		D	I	A	T	H	E	S	I	S		M	O
D	I		A	S		T	A	N		R	U		I	L
O	P	T	S		P	E	N	E	S		S	A	T	I
	E	R		C	A	R		S	A	M		B	I	D
		E	T	O	N				P	A	D	R	E	S
	F	L	A	M						R	E	I	S	
S	A	L	U	T	E				S	A	N	D		
A	N	I		E	D	P		M	A	T		G	A	
M	A	S	T		D	E	L	E	D		S	E	E	S
A	T		A	R		O	W	E		D	A		R	A
R	I		C	A	R	P	E	T	B	A	G		A	C
A	C	C	O	M	P	L	I	S	H	M	E	N	T	S
	S	E	S	A		M	E			P	A	R	S	E

3	9	8		4	1	2	5	6	7
7	4	2		6	9	5	8	3	1
5	6	1		8	3	7	4	9	2
1	8	3		7	5	6	2	4	9
4	2	7		9	8	1	3	5	6
6	5	9		3	2	4	7	1	8
8	3	5		1	7	9	6	2	4
9	7	4		2	6	3	1	8	5
2	1	6		5	4	8	9	7	3



Fun Fact

Golden Retrievers are often used in police units as drug detection dogs because of their outstanding sense of smell.

Birthday
9/13/07

Favorite Food
Steak Filet

LIKES

- Chasing Cars
- Fireworks
- Watching the Eagles Win

Dislikes

- Dallas Cowboys
- Veggies
- Late Dinner



mack
NWM PET OF THE WEEK

Wake up, smell the coffee: students struggle with addiction

CORIE HERTZOG
A&E Editor | @CoffeeGilmore97

As a hangover cure, a way to stay awake during an 8 a.m. lecture or a key ingredient to pulling an all night study session, caffeine is a staple in many college students’ diets. However, like with any substance, too much can cause more harm than good.

When the word “drug” is used, caffeine is probably one of the last substances people think of. After all, it’s legal and in many products used around the world. For some, it’s the first thing they put in their body every morning. However, caffeine is a drug which can alter the brain and in many cases become addictive.

A study conducted by the University of Kentucky found 78 percent of college freshmen consumed more than the recommended amount of caffeine in a day which is 0.014 ounces.

Former science reporter for the Smithsonian Joseph Stromberg wrote there are chemical changes that happen to the brain when consuming large quantities of caffeine.

“The most notable change is that brain cells grow more adenosine receptors, which is the brain’s attempt to maintain equilibrium in the face of a constant onslaught of caffeine,” Stromberg said in a 2013 article he wrote for the museum’s website.

Adenosine is a neurotransmitter, which is kind of like a cell phone in the body. When one nerve gets a signal, it uses a neurotransmitter to send it to another cell and so on. Adenosine, when it pairs up with its transmitter, makes a person drowsy. So when someone drinks a large amount of caffeine, their brain creates more receptors, which means the person’s body needs more caffeine to feel awake. Thus a cycle begins.

“I started drinking black tea in sixth grade,” sophomore Samantha Pesquiera said. “And I’ve been drinking coffee for years. I have to have a cup of coffee everyday or I get a headache.”

Since starting college, Pesquiera upped her coffee intake to at least two cups a day.

Pesquiera’s headache is one of the symptoms of caffeine withdrawal. Other symptoms include fatigue, anxiety, depressed mood, tremors, difficulty concentrating and irritability.

Some of these symptoms, such as difficulty concentrating, make college a harder experience. With depression and suicide rates on the rise among college students already, adding depressed moods from caffeine withdrawals could lead to insomnia, which could be caused by a late afternoon coffee break, causing one to consume more coffee to wake up in the morning.

Northwest is no exception to the dangers of caffeine addiction. Looking at the vending machines around campus, there are 12 types of caffeinated beverages. With options ranging from Kickstart to Pepsi, there aren’t too many limits. This doesn’t touch on the long, 7:30 a.m. line at Starbucks during finals week or Einstein Brother’s on Free Bagel Friday.

In Maryville, there are five main places for caffeine, mainly coffee, to choose from: Scooters, Starbucks, Einsteins Brothers, the Union and the Board Game Cafe. This doesn’t even begin to count the Keurigs and coffee pots nestled in dorms, kitchens and workspaces.

“I go to Starbucks about three times a week,” sophomore Brett Demeyer said. “I also have a Keurig in my room and make coffee for myself.”

While there are many real dangers of consuming too much caffeine, there are some inflated stories. There are stories where it appears someone died of a caffeine overdose like the case of 16-year-old Davis Cripe in April 2017, but there are usually underlying heart problems.

Dr. Thomas Sweeney told Forbes he didn’t know any stories of someone actually dying from caffeinated beverages, but drinking too much raises a person’s risk of cardiac arrest.

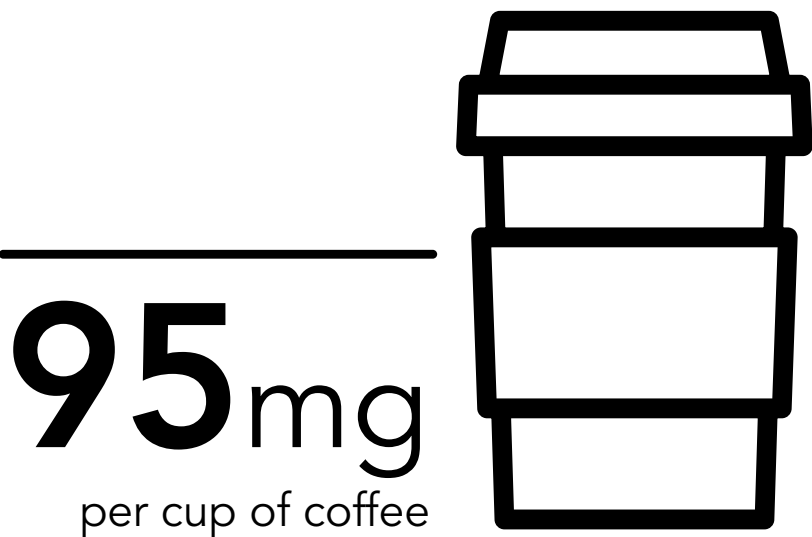
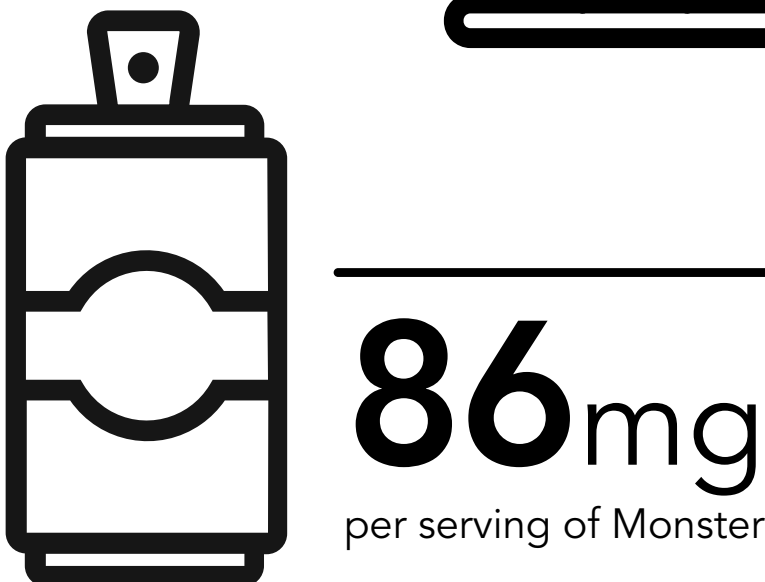
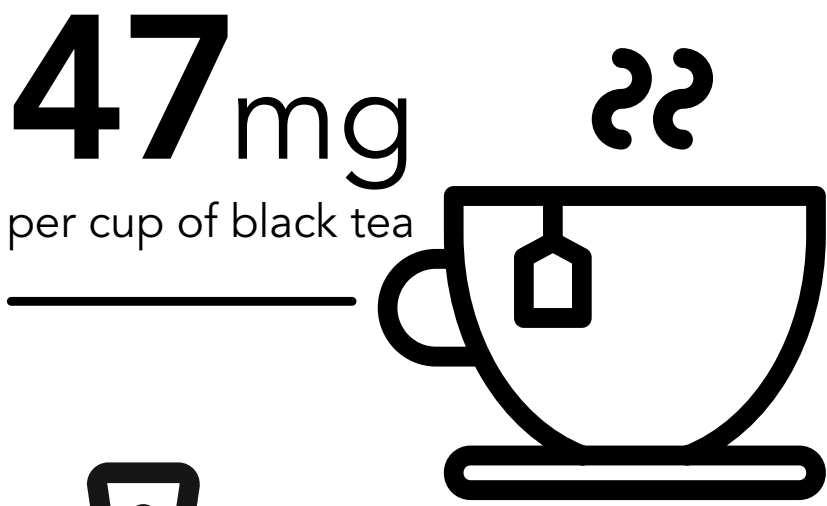
According to a study conducted in 1997, most people didn’t have any problems if they drank less than five cups of coffee but consuming more than 0.024 ounces in a day raised the risk of cardiac arrest by 44 percent.

Caffeine comes in many forms other than coffee and tea. Most sodas contain roughly 0.001 ounce of caffeine and a Hershey’s chocolate bar contains 0.0003 ounce. While looking at the numbers it may not seem like there is much but the body doesn’t need much before it becomes too much. If not conscious of how much is in their diet, a person could easily be going over the recommended amount.

However, despite how college students seem to be overdosing themselves, it is possible to recover in a timely manner. It takes seven to 12 days of withdrawals to kick the habit. Compared to other addictions, this is a quick turn around for the body.

While cutting caffeine from a diet completely is unreasonable for most students, there is a real need to decrease the amount of Starbucks breaks being taken.

Caffeine is a cornerstone of campus culture, but the addiction can last beyond graduation day.



SOURCE: UNITED STATES DEPARTMENT OF AGRICULTURE

TAYLOR GONNERMAN | NW MISSOURIAN



MADI NOLTE | NW MISSOURIAN

College students may not realize drinking too much caffeine correlates with inability to focus in class.



Naveen Kumar Nuggu speaks about his experience coming to Missouri from India during the First Friday Culture Talks on Sept. 7.

Culture group talks shock

ANGEL TRINH
A&E Reporter | @acuteanglewritex

Students and faculty members gathered to listen to international students share their experiences with culture shock during the year's initial First Friday Culture Talks.

First Friday Culture Talks is a monthly event that allows people from all over the world to meet and discuss current issues, in the Inter-

national Involvement Center. With such great diversity on campus, attendees could hear from students from the countries of South Korea, Nigeria, India, Nepal, Japan and Brazil.

The event was originally planned from 3 p.m. to 4 p.m., but the large group that attended had such a great time meeting and learning about one

another that they stayed until the library closed at 5 p.m.

The IIC wanted the first discussion to be a milder topic for students to be more comfortable talking to one another, so students chatted about the transition and adjustments they made when coming to the United States.

Talitha Santana Baez was the

first student to speak about her experience with culture shock.

She came to Missouri from Curaçao three years ago and transferred to Northwest from North Central Missouri College last fall.

FULL STORY ONLINE:
NWMISSOURINEWS.COM



Junior Chelsey Babbitt takes a selfie with comedian Sara Schaefer during a meet and greet opportunity following the show Friday, Sept. 7.

Comedian sets stage for SAC comedy series

JAMES CHRISTENSEN
A&E Reporter | @jameschris1701

Comedian Sara Schaefer rocked the theater with the resounding joy of laughter as she finished her set Sept. 7.

This event was the first event of an ongoing comedy series that will be presented throughout the school year and is sponsored by the Student Activities Council.

The Charles Johnson theater was alive with chuckles and cackling as the guest comedian made the dreary weather only a forethought. Schaefer, a 16-year comedian, has had a long career on tour and television.

Schaefer previously appeared on "Late Night with Jimmy Fallon" and "Inside Amy Schumer" where she developed a unique experience in the comedian industry.

"I was there to help launch the social media aspect of the show ('Late Night with Jimmy Fallon') and it was a great experience to work closely with everyone on the show," Schaefer said. "At first it was kind of nerve racking to be in the same room as Jimmy, but now we are good friends."

Erin Fleharty, a sophomore majoring in elementary education, was the special events director who got Schaefer to the Northwest campus.

"When I went to Boston, Massachusetts, for the annual National Association of College Activities Conference, Sara Schaefer was one of the performers who performed a 10 minute set," Fleharty said. "I, along with the other SAC members from Northwest, thought she was funny and would be perfect to start our comedy series."

Schaefer loves performing for college students, but brought up the point that a lot of comedians do not feel the same.

"A lot of comedians like Jerry Seinfeld have said that they will never do a show on a college campus due to the fact that college students are too sensitive to any of the content they might be presenting," Schaefer said. "Personally, I do not agree with that statement. College students just think differently than someone my age, and I love getting to entertain them."

The content of the set ranged from buying a shelf for a craft nook to having an accident in the grocery store checkout lane. Each story Schaefer included had the audience in all out hysterics at the ridiculousness that followed.

FULL STORY ONLINE:
NWMISSOURINEWS.COM

Wellness programs struggle with attendance

ANGEL TRINH
A&E Reporter | @acuteanglewritex

Wellness Services kicked off a semester of workshops with a slim number of attendees. Multiple workshops didn't have any students present.

The counselors and staff members at Wellness Services predicted a slow start to the year, especially with Labor Day and the organization fair being in the same week.

Assistant Director of Wellness Services and nurse practitioner Judy Frueh explained they have about 14 types of workshops scheduled for the semester, the majority of which are brand new. They knew it would take time for students to discover all the resources available.

Wellness Services partnered with various campus organizations like Residential Life, the Office of Diversity, Equity, and Inclusion and University Seminar to spread awareness for these events.

Workshops that were offered this week included Wellness Wisdom, Meditation, #Relationships, Wellness Wednesday, Dare to Self-Care, everyBODY, Anxiety Busters and Bearcats Through Thick and Thin. Many had less than five students attending, if any.

When no one showed up to #Relationships, counselor Dana Mallett explained that she wasn't too surprised.

"I'm not sure why they scheduled this clinic for this time," Mallett said. "Most students have class at 2 p.m. on Tuesdays."

On Thursday, Frueh also pointed out the weather could also impact attendance.

"Students might know about our workshops, but with this misty weather, it's easy to change their minds about coming," Frueh said.

Frueh presented Dare to Self-Care 11 a.m. to 12 p.m. Sept. 6, hoping to help students develop coping skills for new experiences and stress. The workshop will be available every Thursday to cover different topics like sleep and nutrition to help students deal with their busy college workloads.

"Plus it's important to have some fun," Frueh said.

Gabriela Garcia-Adams was the only person to attend Frueh's workshop. She is a teacher's assistant for Spanish and biology and already felt stressed in the second week. She found out about the event through the online calendar.

"It's important to develop good habits now, before our workload gets too high," Garcia-Adams said. "It's probably hard to get students in at this time, though, with classes and everything."

On Friday, counselor Rachel Mayfield presented Anxiety Busters to two students. She had packets prepared which held many tools to deal with social anxiety.

"This is what you want it to be," Mayfield said. "We want this to be

FULL STORY ONLINE:
NWMISSOURINEWS.COM

THE STROLLER: Your Bearcat wants you to watch your step

There's nothing like needed construction to really make it feel like a new year at Northwest.

I'm sure at least half the campus has nearly fallen victim to the treacherous stairs outside the right side of Valk. Tripping over those crumpled and cracked, brittle cookie-like stairs, ready to take feet and ankles as its prey.

I found myself almost taken under, dangers unforeseen. I took my chances on the unsteady hunks of concrete. Late and determined to reach class before the door shut, it was the perfect opportunity for them to whip me clean on my backside.

Of course my cat-like reflexes saved me from my eminent injury, though, now looking back, I wish I'd let them take me out. I could've been rolling in a fat

paycheck signed by Northwest.

After my near death experience, as I took a safer route back to my car, I watched others tiptoe around the broken stairs. Some successfully passed through the makeshift obstacle course and others were not so lucky.

Bits of the crumpled concrete rolling under their feet, ankles twisting and rolling. The baffled look-backs were the best. Students tried to see what was caught between their feet, only to realize it was a piece of the step.

Let's assume this has happened before; I've always wondered why one step was made of rusted steel, standing out amongst the others in the set. It's time for the one to have a sibling or two.

The neglect to these stairs is an under sight of the Universi-

ty and could end up costing them money.

Actually, administration would probably increase our tuition next semester to pay for all the lawsuits of broken ankles and legs. Seventy-five dollars per credit hour for every ankle dislodged from its socket.

So, it's safe to say those handy-dandy construction workers could be in for a new task in the never-ending cycle of renovation here on campus. It'll surely take them 250 days to complete. Then another week to actually remove the caution cones. Until then, walk with caution, Bearcats.

The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.

RESIDENTIAL GLASS REPLACEMENT • SAFE SERVICING

1

MARYVILLE

GLASS & LOCK

The First Glass Place to Call

1

114 W. 5th

Maryville, MO

Phone: 660.582.3131

Mobile: 660.582.9030

E-mail: mgl@maryvilleglassandlock.com

COMPLETE LOCK SMITH SERVICES • LOCKOUTS • MIRRORS

GARAGE DOORS & OPERATORS

STORE FRONTS • AUTO GLASS

Pitzenberger

Body Shop

660.582.4599

2711 South Mulberry

When quality counts!

Visit

Dr. Dallas Fitzgerald

at the

Walmart

Vision Center

15 years at this location!

Eye-health exams as low as \$65 .

Contact lens fitting of all major brands.

Many insurance plans accepted.

1605 S. Main St.

Maryville, MO

660.562.0215

BOSWTICK
CONTINUED FROM A12

“I was really blessed to have the opportunity to become good friends with him over the years.”

Northwest has worn a black Adidas top every Family Day since 2011. It was a gift from Bostwick to the team as his first season as head coach.

The team also places a red Bearcat paw on their helmet, representing the passion Bostwick had for the program.

Bostwick’s signature will be included on the back bumper of the helmets during Saturday’s Family Weekend game. Coaches will also wear a hat that includes the signature. Both inscriptions will be in red.

“That’s something to symbolize the impact Scott had on this University and the football program,” football equipment manager Tucker Peve said.

Peve came up with the concept as a way to symbolize Bostwick’s character outside of the many existing traditions.

He had already extended similar gestures to the team’s full-time coaching staff this year. Peve gave the full-time coaching staff a replica of a sweatshirt Bostwick occasionally wore.

“I actually saw a photo of Scott with the sweatshirt on and how it said ‘S.B.,’” Peve said. “I thought well, that would kind of be neat.”

Peve had a few graphic films designed to match the concept, before having the sweatshirts made.

He announced he had given each coach a sweatshirt in a Tweet Aug. 22.

“When Tucker presented that to the full-time staff, it was just pretty cool,” Wright said. “As a matter of fact, as I’m talking to you, I’m thinking of the picture that I always see of him in my mind of him wearing that sweatshirt.”

Wright also added his interactions with Bostwick as a graduate assistant in the early Mel Tjeerdsmma era were a large part of what brought him back to the Northwest coaching staff.

“He was the real reason why I got back here in 2004,” Wright said. “He and his family, I have such a strong connection to his family, just the way he went about doing things.”



DARREN WHITLEY | NORTHWEST MISSOURI STATE

Northwest Family Weekend will feature the annual remembrance of the late coach Scott Bostwick. The football program will sport black tops and a helmet with a red bearcat paw as it takes on Missouri Southern. Bostwick’s signature will also be featured on the helmet for the first time.

Volleyball awaits Fighting Irish

TRENT SPINNER
Chief Sports Reporter | @TrentSpinner

As the Spoofhound volleyball team hits its stride into Midland Empire Conference play, its focus is cardio and the pressure of the experienced.

Maryville is setting its sights on yet another chance to hoist the MEC Championship trophy, but must rely on its veteran leaders to pursue the opportunity.

The Spoofhounds fell in their first chance to prove that youth is not going to stop them from accomplishing their championship hopes. Benton took the first MEC matchup



against the Spoofhounds in sweeping fashion, but quickly gathered up its talent and put it towards Southwest Valley High School as it traveled to Corning, Iowa.

“I think everyone knows their role on the court,” Maryville coach Marissa Felt said. “There were times that the girls were tired from playing three matches last week, but they kept working hard.”

The team is set up for the main portion of their schedule as they hope to continue MEC dominance. Thus far in the season, the Spoofhounds are 1-1 in conference play, but it’s only the beginning. Maryville will look to hit their stride as two of its next three opponents are

MEC rivals Lafayette and Cameron.

Last year, the Spoofhounds were able to more than handle themselves in conference play as they earned the No. 1 seed in district play and a district championship appearance, the Spoofhounds did not disappoint expectations.

Now with a revitalized team, it’s a challenge, but nothing that the pair of second year coaches Marissa Felt and veteran leader senior Vanessa Klotz can’t manage.

“I think that we are definitely excited (for MEC play), you know we talked about as a goal to be conference champs, that’s really important to us,” Klotz said. “We’ve been working hard in practice and

coming together, we’ve had a couple other games and adding that in makes for great practice.”

Maryville searches for their new identity as a team with determination to get better every single day. The only way to continue to grow as a team into the next phase is to come into practice with intensity and the passion to grow.

Each day, the coaches and the players emphasize cardio and how much it matters in the longer matches they have.

“We got tired in some of the longer matches, especially against Corning, so lots of conditioning for sure,” Felt said. “Lots of conditioning is what we are doing, and we

NEXT GAME

Lafayette at Maryville
7 p.m. Sept. 13
Maryville High School

are ready for the rest of the season.”

The coaching game can be rough, and the tables can flip easily if you underestimate any team on a given day.

Felt knows that and continues to represent her coaching style from last season.

**FULL STORY ONLINE:
NWMISSOURINEWS.COM**



BRIA CREEDEN | SUBMITTED

Senior running back Josh Caldwell stretches across the goal line en route to a 38-17 victory over Washburn Sept. 6.

FAMILY
CONTINUED FROM A12

“When you are in the MIAA, you get everybody’s best shot,” Wright said. “I don’t care if it is a team that is struggling or if it’s a team that’s undefeated. Everybody comes to Maryville, Missouri, because you can literally make a team’s season winning here.”

The philosophy for Eskew and the rest of the Bearcats is to focus on what they can control, no matter who the opponent is. Eskew said he is looking for fluidity throughout the entire team in this week’s game.

WOERTH
CONTINUED FROM A12

“We are really excited to come into some home games and show fans the hard work we have been putting in,” senior Megan Stilmock said. “There are gonna be struggles and up and downs, but this team knows how to respond to them.

because we know what our end goals are and how to persevere through any obstacle that gets in our way.”

Northwest opens up its conference schedule with Lindenwood University on Friday. Lindenwood is 8-2 on the season and like the Bearcats, both teams have only

“I feel like the expectation here at Northwest is when you play teams that are struggling; it’s just another game,” Eskew said. “You have to play great, you are expected to play great and I feel like as a defensive unit and offensive unit, we just want to put together a more complete game.”

Expectations like the ones Eskew talked about at Northwest are what have kept the Bearcats from having down games against struggling opponents in the past. With the ineffective play from the Lions recently, the chance to maintain that tradition is well within reach.

dropped nine sets on the year. In the Woerth era of Bearcat volleyball, Northwest has only dropped two games to the Lions while beating them nine times.

With minimal rest, the Bearcats have to turn around and play another conference game against the University of Central Missouri. Central Missouri is 9-2 on the season with notable wins over No. 21 Missouri Western, No. 14 Arkansas Tech and No. 3 Lewis University.

“As long as we can put constant pressure on these teams, I think we will have a pretty good chance,” Woerth said. “We have to come back with our style of volleyball, and we know we have to get our players ready for a battle.

Senior realizes path at Northwest

WYATT BELL
Chief Sports Reporter | @wyattbell5

Tennis has long been close to the heart of Northwest Tennis senior co-captain Rahul Manoah, who battled a lengthy road en route to his second year at Northwest.



The 21-year-old was born in Chennai, a city on the southeastern coast of India. Manoah said that when he was just six years old, his father introduced him to tennis, and he knew from that moment that it was his calling.

“He took me in and I just started liking it,” Manoah said. “I never had any second thoughts about having a different sport; it was just tennis.”

It was at the age of 12 when Manoah began to take the sport seriously. He began to compete in tournaments across India, not only at the state, but also the national level. This led to international tournaments where Manoah began to gain recognition for his play.

He was then offered the chance to go Spain at age 15, to train on a scholarship. It was an opportunity that Manoah said gave him a different outlook on international tennis.

“It gave me a different kind of exposure on international tennis,” Manoah said. “After that, when I was 18 or something, that was a junction of what I wanted to do in life. To take tennis as a professional or did I want to go get my college degree.”

The deciding factor in Manoah’s decision to focus on education had nothing to do with his commitment to the game, but everything to do with what was best for his future. He had suffered a major injury to his elbow that sidelined him from tennis for six months. It was at this moment he knew he had to have a backup plan apart from tennis.

“That was the point where I realized I had to have a plan B in my life, and I wanted to get my college degree as well,” Manoah said.



WYATT BELL | NW MISSOURIAN

Senior Rahul Manoah prepares for the upcoming Midwestern State Invitational Sept. 14 in Wichita Falls, Texas with a doubles match during Tuesday’s practice.

“Before that, my intention was going back to Spain and focusing on tennis, but that injury slowed things down, and I had a different perspective on what I wanted to do.”

Manoah decided to major in applied health science and exercise in order to stay connected to tennis after he graduates.

“It’s about learning myself and how the athletes body works,” Manoah said. “I kind of liked the idea, and also being associated with the sport from a very end gate, I couldn’t think about any other ma-

jor that I was interested in.”

Manoah started his college tennis career at Tyler Junior College in Texas, where he played for two years before coming to Northwest. Tyler, according to Northwest coach Mark Rosewell, has one of the best junior college programs in the country.

“We got him out of Tyler Junior College, which is probably the number one junior college in tennis in the country,” Rosewell said. “He comes from a really good program, and we’ve had a few from there,

and they’re really hard to get and recruit, so he’s a good level.”

Manoah then made his way to Northwest, which grabbed his attention with the rich history of success the program has had.

Manoah said he had a relationship with Rosewell, as well as many friends who had attended Northwest, which helped him in his decision to come to Maryville.

“I knew coach Rosewell for almost a year in talking and stuff,” Manoah said. “I had some friends who had gone here and gave me

NEXT GAME

Midwestern State Invitational
8 a.m. Sept. 14
Wichita Falls, Texas

good feedback.

Rosewell relies on Manoah for leadership, as well as performance on the court. But it is who he is as a person that really sticks out to Rosewell.

FULL STORY ONLINE:
NWMISSOURINEWS.COM



ANDREW WEGLEY | NWMISSOURIAN

Madie Krueger has scored one goal for the Bearcats, coming in a 2-1 win over William Jewell at Bearcat Pitch Aug. 30. The Bearcats are 0-2 since then.

Soccer searching for foothold as conference play approaches

ANDREW WEGLEY
Assistant Sports Editor | andrew_wegley21

Northwest soccer heads into its Sept. 14 match against Central Missouri on the heels of its largest rest period of the young season.



The Bearcats (1-2) will face off against the reigning MIAA and NCAA Division II champion Jennies with fresh legs, armed with more knowledge about themselves than they’ve possessed at any point this season.

Coach Marc Gordon and company are marching through a learning curve. The Bearcats have spent the first few weeks of the season figuring out how their roster fits together on the field, a baptism by fire of sorts.

Gordon is hopeful that the curve is near its completion, as the Bearcats will play rival Central Missouri twice in a 10-day stretch. The Jennies (4-0) are riding a 29-game win streak, dating back to last season.

“We have to play under more pressure in training,” Gordon said. “This week obviously is a huge

challenge. UCM (is the) current national champion, they’re off to a very good start again this year. They graduated a ton of players, but obviously are prepared and have a solid group again.”

The young Bearcats are taking the challenge in stride. Gordon made it clear that the matchup against Central isn’t just another game, but an opportunity to put the MIAA on notice.

“They are a circled team for everybody,” Gordon said. “Everybody wants to be the team to knock them off—that’s our message this week. We’re looking for the opportunity to do something that no one’s done.”

Unlike the Jennies, Northwest’s start to the season has been less than ideal. The Bearcats suffered their second loss of the season Sept. 7 against Truman State, by a score of 2-1.

Gordon attributed the loss to a brief mental lapse that allowed the Bulldogs to score two goals in quick succession.

The mental blunders have developed into a recurring affair for Northwest, dooming the Bearcats in both losses so far. Gordon is confi-

NEXT GAME

Northwest at Central Missouri
7 p.m. Sept. 14
Warrensburg

dent that through training and experience, the hiccups will subside.

“(Truman) exposed our youthfulness at times,” Gordon said. “The simplicity of the adjustments that need to happen to prevent those (mental lapses) are miniscule. Hopefully we can apply what we’ve talked about and what we’re working on to better ready us these next games.”

While the record doesn’t necessarily reflect a vast improvement, those within the program sense an upswing looming.

Junior Kayla Ellis is optimistic that the Bearcats are in the midst of refinement.

“We had possession (against Truman), we just couldn’t finish the final third,” Ellis said. “That was our struggle.”

FULL STORY ONLINE:
NWMISSOURINEWS.COM

NW FOOTBALL

MIAA Standings

Overall AFCA

NORTHWEST.....	2-0	No. 4
Pittsburg State.....	2-0	No. 23
Nebraska Kearney.....	2-0	NR
Fort Hays State.....	1-1	No. 17
Central Missouri.....	1-1	No. 20
Emporia State.....	1-1	NR
Lindenwood.....	1-1	NR
Missouri Western.....	1-1	NR
Washburn.....	1-1	NR
Central Oklahoma.....	0-2	NR
Missouri Southern.....	0-2	NR
Northeastern State.....	0-2	NR

NW VOLLEYBALL

MIAA Standings

Overall MIAA

Nebraska Kearney.....	12-0	0-0
Washburn.....	12-0	0-0
Central Oklahoma.....	12-2	0-0
Pittsburg State.....	11-2	0-0
Central Missouri.....	9-2	0-0
Lindenwood.....	8-2	0-0
NORTHWEST.....	8-3	0-0
Missouri Western.....	7-4	0-0
Fort Hays State.....	6-6	0-0
Emporia State.....	5-7	0-0
Southwest Baptist.....	4-9	0-0
Missouri Southern.....	0-9	0-0

NW WOMEN'S SOCCER

MIAA Standings

Overall MIAA

Central Missouri.....	4-0	0-0
Northeastern State.....	4-0	0-0
Central Oklahoma.....	3-0	0-0
Missouri Southern.....	3-0-1	0-0
Emporia.....	3-1	0-0
Lindenwood.....	2-1-1	0-0
Missouri Western.....	2-2	0-0
Nebraska Kearny.....	2-2	0-0
Washburn.....	2-2-	0-0
Fort Hays State.....	1-2-1	0-0
NORTHWEST.....	1-2	0-0
Southwest Baptist.....	0-3-1	0-0

MHS FOOTBALL

MEC Standings

Overall MEC

Lafayette.....	3-0	1-0
St. Pius.....	2-1	1-0
MARYVILLE.....	2-1	1-0
Savannah.....	1-2	1-0
Cameron.....	2-1	0-1
Chillicothe.....	0-3	0-1
Bishop Leblond.....	0-3	0-1
Benton.....	0-3	0-1

Sept. 13, 2018

Core beliefs drive MHS success

ANDREW WEGLEY
Assistant Sports Editor | @andrew_wegley21

Under coach Matt Webb, Maryville football has been defined by a certain ruggedness.



The Spoofhounds are a team that seems to lack any knack for theatrics or unnecessary flare, led by a coach who intends it to be that way.

They work hard. They focus on fundamentals and execution. They prepare for every game like they're going to win, and they fully expect to do so.

In all, they do their job. With the Spoofhounds (2-1, 1-0 MEC), there is no room for large egos or excessive flash.

This objective approach to the game is what has Maryville hitting its stride just three weeks into the season. As they head into their Week 4 matchup against St. Pius X (2-1, 1-0 MEC), the Spoofhounds appear to be in midseason form.

"I think every day there's something to prove," Webb said following the team's Week 1 loss to Blair Oaks. "One of the mantras we talk about is 'Win today.' I think you prove yourself every day, and you prove yourself every season. We've got sayings like 'Tradition never graduates.' When you've got great tradition, you never have down years."



DYLAN COLDSMITH | SUBMITTED

Seniors Cade Gustafson and Tyler Houchin combine to take down Chillicothe running back Kam Ward in Maryville's 47-0 win over the Hornets Sept. 7. Maryville's defense has held opponents scoreless in two consecutive games.

“We’ve got sayings like ‘Tradition never graduates.’ When you’ve got great tradition, you never have down years.”

-Coach Matt Webb

So far, the 2018 Spoofhounds have epitomized Webb's talking points unerringly. The whole season is one connected process, and Maryville's focus is on building on said process each week, winning each day.

The process continues each

week, regardless of the point differential from the last. Coming off a 47-0 win over Chillicothe, the second shutout in a row, Maryville is fixated on beating the Warriors.

The offense, which scored seven touchdowns in the win over Chillicothe, is firing on all cylinders. Still, Webb is keen on improving. In some ways, the coach's own devotion and responsibility to refinement is a driving force in the Spoofhounds' success.

"I think we can continue to improve our techniques," Webb said. "We had some penalties last week that we need to clean up. (We had) too many Friday night."

The sentiments instilled by Webb and his coaching staff are evident through both his player's actions and words. Senior running back Tyler Houchin echoed the same beliefs preached by Webb week in and week out.

"Each week, we've been watching a lot more film," Houchin said. "The schemes are getting better for us to perform. We've been more aggressive on the ball."

Houchin cited a heightened attention to coaching as a chief cause behind the Spoofhounds' hot

NEXT GAME

Maryville @ St. Pius X
7 p.m. Sept. 14
Kansas City

stretch. Staffed with an experienced and accomplished coaching personnel, Maryville is well equipped for the ups and downs that come with each season.

"(We have to) just keep doing what we're doing," Houchin said. "Be aggressive, keep watching film, watch plays throughout the week. (If we) just listen to our coaches, we'll get better and better each week."

For Maryville, the key to beating the Warriors lies in practice preparation, steered by a coach with an undying hunger for perfection.

"They're a very well-coached team," Webb said. "It's going to take us a lot of discipline to go down and get a win Friday night."

DELBERT'S

GARAGE

714 N DEPOT • MARYVILLE, MO
X (660) 562-0025 X
"Old Fashioned, Honest Service"

TUNE-UPS, HEATING & AC REPAIR, MISSOURI STATE INSPECTORS,
BRAKES, COMPUTER DIAGNOSTICS, FUEL INJECTION, SUSPENSION
& STEERING, ELECTRICAL, SYSTEMS CLEAN

SERVICE CENTER

660.582.8800
2818 South Main
www.championshipmotorsllc.com

- Tires and Alignments
- After market Wheels & Accessories
- Free diagnosis
- Any minor or major repairs

Maryville Florists

We Have a Flower For That!

800 572-3066 660 562-3066
214 North Main Maryville MO 64468
www.maryvilleflorists.com

EXTRA EXTRA

STAY UP TO DATE ON
EVERYTHING HAPPENING
ON CAMPUS AND IN THE
COMMUNITY

NWM

nwmisourineews.com

Ninth Annual Great Northwest Wine Fest

Saturday, September 22, 2018
11:30 am – 7:00 p.m.
Mound City, MO

Extraordinary Wineries & Artisans Booths

A Bar, Great Food & Free Entertainment Offered!

Tickets are \$25!

Tickets Available at: www.nwmef.org
Sponsored By: Northwest Missouri Enterprise Facilitation
Marilyn Alldredge, Fundraising Coordinator 660-744-3146

TOTAL Image

TANNING & HAIR SALON, LLC

Back-To-School Special
Buy Any Package & Get One 1/2 Off
(equal or lesser value)

1 Tan:	\$5.00
5 Tans:	\$20.00
7 Tans:	\$25.00
10 Tans:	\$30.00
30-Day Unlimited:	\$35.00
60-Day Unlimited:	\$55.00 +10% Tan Tax

108 EAST TORRANCE
MARYVILLE MO

(660) 562-3330

Tan All Semester

\$82.50

(Buy One 60-Day Unlimited & Get One 1/2 off)

* DEAL ONLY VALID UNTIL 9/15/18



Northwest football is spending the week looking back on the program’s storied history as it prepares to host Missouri Southern as part of Family Weekend Sept. 15.

BRIA CREEDEN | SUBMITTED

Written in red

Bearcats reflect on family mentality

Bostwick tradition continues to grow

JUSTIN QUICK
Sports Editor | @Jquick88

Northwest football coach Rich Wright brought a message of heritage and remembrance to his players ahead of a Week 3 matchup with Missouri Southern.

The message stemmed from the memories Wright holds on to from former coach and athletic director Mel Tjeerdsma and late coach Scott Bostwick. There is no better time for this reminder of the men who helped build the program to where it is today, as Sept. 15 will mark the pivotal day in Family Weekend.

In order to maintain the history of the program, Wright plans to have speakers throughout the week who will communicate to the players just how much their football heritage means to the program.

“We have four different people from the community that are going to come in and talk after practice about what Scott (Bostwick) meant to them,” Wright said.

Despite never playing for or



even knowing these influential faces of the Bearcat program, players like senior defensive end Austen Eskew recognize their importance.

“You can just tell how important (Bostwick) was, not only as a coach, but also to this community and the great legacy they’ve built here at Northwest, him and coach Tjeerdsma,” Eskew said.

The legacy of Tjeerdsma will be honored at halftime of the game against the Lions for his induction to the College Football Hall of Fame. This will only add to the atmosphere that Family Weekend brings with it.

For the second straight season, the No. 4 Bearcats (2-0) will take on the Lions (0-2) for Family Weekend. Last year’s matchup went smoothly for Northwest, resulting in a 63-0 win, producing nearly 10 times the total yards as the Lions (651-69).

Even with the ease, Wright knows that any team in the MIAA is dangerous every week.

SEE **FAMILY** | A9

JOSEPH ANDREWS
Managing Editor | @Joe_Andrews15

Every game day, Northwest football coach Rich Wright places a red hat decorated with the University’s signature green and white Bearcat paw onto his head.

Sometimes sweat stains surround the cap’s surface. On other occasions, a crisp look stands out. The condition isn’t what matters, it’s what the hat stands for.

Defensive coordinator Scott Bostwick began wearing a red hat on the sideline early on in the 1998 season, when players were having a hard time getting the play call. It became a tradition.

“There’s so much little symbolism that is still around our program to this day that shows his presence,” Wright said.

Following coach Mel Tjeerdsma’s retirement in December 2010, Bostwick was named as the 18th head coach of Northwest football.

Six months later, tragedy struck. Bostwick passed away af-



ter suffering a heart attack on his front lawn. His memory lives on.

“The comment I always remember that Coach Bostwick said several times was ‘The big time is where you are at, and I have the greatest job in the world,’” Wright said. “He always came to work with that attitude.”

The Bearcats began their 2011 season with extra motivation to push them through. The team also established tributes for Bostwick. Several, including Wright wearing the red hat, still exist.

When Family Weekend arrives every year, the team spends time emphasizing Bostwick’s legacy.

This year, Wright chose to bring in four community members to discuss the impact Bostwick had on their lives.

“He had a genuineness about him that really resonated the people,” Wright said. “People in town, people back up in Omaha where he was from, he was just a really special man.”

SEE **BOSTWICK** | A9

Woerth reaches 100th win prior to MIAA play

TUCKER QUINN
Chief Sports Reporter | @Tuck_Quinn

When Amy Woerth took over the Northwest volleyball team in 2012, it represented a homecoming of sorts.

Woerth, who earned her 100th career victory Sept. 8 over Newman University, served as a graduate assistant for the Bearcats during the 2003 and 2004 seasons. She also served as an assistant in 2011, before taking the interim title in 2013.

Since Woerth took over the program a little over six years ago, she has brought a winning tradition back to Bearcat Arena. She has racked up a total coaching record of 100-95 with the Bearcats and became the fourth winningest coach in Northwest volleyball history. She only trails former coaches Susie Homan (105), Pam Stanek (176) and the winningest coach in Bearcat volleyball history, Sarah



Pelster (199).

Woerth has also etched her name inside the record books with third-best winning percentage (.512), as well as third-most games coached with 195 games.

“I just think it is fun to look back on this program and see what we have taken it from and how we have put our stamp on it,” coach Amy Woerth said. “I definitely couldn’t of gotten there by myself, and I find the joy in it by sharing the wins with the coaching staff.”

Woerth’s associate head coach, Alana Wittenburg, has been on the bench for every one of those victories.

“The loyalty that Alana has had to this program and to this process has been unbelievable,” Woerth said. “We have developed and continue to develop a professional coaching relationship to take this program to the next level and to get it to the place we know it can be.”

NEXT GAME
Lindenwood @ Northwest
6 p.m Sept. 14
Bearcat Arena

Wittenburg joined the Bearcat coaching staff in 2013 after completing a very successful career at Drake University in Des Moines, Iowa. She left Drake as its single-game (39), single-season (764) and career (2,423) digs record holder and was chosen first team all-Missouri Valley Conference in 2010.

The 8-3 start that the Bearcats have put together heading into conference play has been a confidence boost for the team. Being able to close out games has been top priority for Woerth and the coaching staff.

SEE **WOERTH** | A9



FILE | NW MISSOURIAN

Following the Bearcats’ victory over Newman University Saturday, coach Amy Woerth secured Northwest volleyball’s third-best winning percentage.